



# **INTERNET SITES FOR WORK SEARCH & CAREER PLANNING**

**Over 500 Websites Listed!**

- **Job Posting Sites**
- **Career Exploration & Labour Market Information**
- **Resume and Cover Letter Advice**
- **Self-Assessment & Personality Types**
- **Industry Related Sites**

A compilation organized  
by TQM Consulting in association with  
the Kamloops Work Search Centres

© April 2009

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The links provided are available on our website at [www.kamworksearch.com](http://www.kamworksearch.com) under the section “*Links for Job Search and Career Planning*” of the navigation bar.

## Aboriginal Resources

Aboriginal Apprenticeship and Industry Training	<a href="http://www.secwepemc.org/ait">www.secwepemc.org/ait</a>
Aboriginal Canada Portal	<a href="http://www.aboriginalcanada.gc.ca">www.aboriginalcanada.gc.ca</a>
Aboriginal Education	<a href="http://www.bced.gov.bc.ca/abed/welcome.htm">www.bced.gov.bc.ca/abed/welcome.htm</a>
Aboriginal Human Resource Development Council	<a href="http://www.aboriginalhr.ca">www.aboriginalhr.ca</a>
Aboriginal Learning	<a href="http://www.aboriginallearning.ca">www.aboriginallearning.ca</a>
Aboriginal Youth Network	<a href="http://www.ayn.ca">www.ayn.ca</a>
Assembly of First Nations	<a href="http://www.afn.ca">www.afn.ca</a>
BC Association of Aboriginal Friendship Centres	<a href="http://www.bcaafc.com">www.bcaafc.com</a>
Building Environmental Aboriginal Human Resources	<a href="http://www.beahr.com">www.beahr.com</a>
Kamloops Indian Band	<a href="http://www.kib.ca">www.kib.ca</a>
Metis Provincial Council of BC	<a href="http://www.mpcbc.bc.ca">www.mpcbc.bc.ca</a>
National Association of Friendship Centres	<a href="http://www.nafc-aboriginal.com">www.nafc-aboriginal.com</a>
Raven – Aboriginal Newspaper of BC & Yukon	<a href="http://www.ammsa.com/raven">www.ammsa.com/raven</a>
Secwepemc Nation	<a href="http://www.secwepemc.org">www.secwepemc.org</a>
Shuswap Nation Tribal Council	<a href="http://www.shuswapnation.org">www.shuswapnation.org</a>
Shuswap Training and Employment Program	<a href="http://www.secwepemc.org/2step/step.htm">www.secwepemc.org/2step/step.htm</a>

## Admin / Accounting / Insurance / Finance

Bank of Montreal	<a href="http://www.bmo.com/careers">www.bmo.com/careers</a>
BCAA	<a href="http://www.bcaa.com">www.bcaa.com</a>
BDO Dunwoody	<a href="http://www.bdo.ca">www.bdo.ca</a>
Certified Management Accountants of BC	<a href="http://www.cmabc.com/home/index.html">www.cmabc.com/home/index.html</a>
Certified General Accountants of BC	<a href="http://www.cga-bc.org">www.cga-bc.org</a>
Chartered Accountants of Canada	<a href="http://www.cica.ca">www.cica.ca</a>
Convergys	<a href="http://www.convergys.com">www.convergys.com</a>
Insurance Corporation of BC	<a href="http://www.icbc.com/">www.icbc.com/</a>
Institute of Chartered Accountants of BC	<a href="http://www.ica.bc.ca/kb.php3">www.ica.bc.ca/kb.php3</a>
Insurance Brokers Association of BC	<a href="http://www.ibabc.org">www.ibabc.org</a>
Interior Savings Credit Union	<a href="http://www.interiorsavings.com">www.interiorsavings.com</a>
KPMG	<a href="http://www.kpmg.ca/en">www.kpmg.ca/en</a>
Royal Bank Financial Group	<a href="http://www.rbc.com/careers">www.rbc.com/careers</a>
Sauder School of Business – UBC	<a href="http://www.sauder.ubc.ca">www.sauder.ubc.ca</a>
Scotia Bank	<a href="http://www.scotiabank.com">www.scotiabank.com</a>
TD Canada Trust	<a href="http://www.tdcanadatrust.com">www.tdcanadatrust.com</a>
Typing Pal On-line	<a href="http://www.typingpal.com/test">www.typingpal.com/test</a>
Typing Test	<a href="http://www.typingtest.com">www.typingtest.com</a>

## Arts / Culture / Media

Alliance for Arts and Culture	<a href="http://www.allianceforarts.com">www.allianceforarts.com</a>
Association of Canadian Film Commission (ACFC)	<a href="http://www.acfcwest.com">www.acfcwest.com</a>
B-100 Kamloops Radio Station	<a href="http://www.b100.ca">www.b100.ca</a>
BC Arts Council	<a href="http://www.bcartscouncil.ca">www.bcartscouncil.ca</a>
BC & Yukon Council of Film Unions	<a href="http://www.bccfu.com">www.bccfu.com</a>
BC Film Commission	<a href="http://www.bcfilmcommission.com">www.bcfilmcommission.com</a>
BC Film	<a href="http://www.bcfilm.bc.ca">www.bcfilm.bc.ca</a>
BC Institute of Film Professionals	<a href="http://www.bcifp.com">www.bcifp.com</a>

BC Radio Stations  
BC Touring Council  
Canadian Dance Links  
Canadian Film & TV Production Association  
CFJC-TV  
CIFM (98.3 FM)  
CKRV (The River 97.5 FM)  
Kamloops Arts Council  
Kamloops Art Gallery  
Media Job Search Canada  
Motion Picture Technicians of BC & Yukon  
National Film Board of Canada  
Playback Magazine (Careers)  
ProScout  
Thompson-Nicola Film Commission  
Vancouver Actors Guide  
Western Canada Theatre Company

[www.chilliwacklife.com/](http://www.chilliwacklife.com/)  
[www.bctouring.org](http://www.bctouring.org)  
[www.themediaweb.com/links.htm](http://www.themediaweb.com/links.htm)  
[www.cftpa.ca](http://www.cftpa.ca)  
[www.cfjctv.com](http://www.cfjctv.com)  
[www.98.3cifm.com](http://www.98.3cifm.com)  
[www.ckrv.com](http://www.ckrv.com)  
[www.cackamloops.ca](http://www.cackamloops.ca)  
[www.kag.bc.ca](http://www.kag.bc.ca)  
[www.mediajobsearchcanada.com](http://www.mediajobsearchcanada.com)  
[www.iatse.com](http://www.iatse.com)  
[www.nfb.ca](http://www.nfb.ca)  
[www.playbackmag.com](http://www.playbackmag.com)  
[www.proscout.com](http://www.proscout.com)  
[www.thompson-nicolafilmcommission.com](http://www.thompson-nicolafilmcommission.com)  
[www.vancouveractorsguide.com](http://www.vancouveractorsguide.com)  
[www.westerncanadatheatre.bc.ca](http://www.westerncanadatheatre.bc.ca)

## Automotive / Transportation

Aerospace Industry Association of BC  
Air Canada  
BC Ferries  
BC Transit  
BC Trucking Association  
Canadian Automotive Repair and Service (Youth)  
Canadian Aviation Maintenance Council  
Canadian Trucking Human Resources Council  
Canadian National Railway  
Canadian Pacific Railway  
Central Mountain Air (Kamloops Chartered Airline)  
Drive-a-Bus  
Flight Discovery Pilot Training Centre (Kamloops)  
Heli-College Training Canada Inc.  
Kamloops Airport  
Ministry of Transportation  
Motor Carrier Passenger Council of Canada  
Mountain Transport Institute Ltd.  
Tom Fox Heavy Equipment Operator/Driver Training  
Transpocity  
Transport Canada (list of all airports in BC)

[www.aiabc.com](http://www.aiabc.com)  
[www.aircanada.ca](http://www.aircanada.ca)  
[www.jobs.bcferrries.bc.ca](http://www.jobs.bcferrries.bc.ca)  
[www.bctransit.com/](http://www.bctransit.com/)  
[www.bctrucking.com](http://www.bctrucking.com)  
[www.carsyouth.ca](http://www.carsyouth.ca)  
[www.camc.ca](http://www.camc.ca)  
[www.cthrc.com](http://www.cthrc.com)  
[www.cn.ca/en/index.htm](http://www.cn.ca/en/index.htm)  
[www8.cpr.ca/cms/English/General+Public/Careers/default.htm](http://www8.cpr.ca/cms/English/General+Public/Careers/default.htm)  
[www.flycma.com](http://www.flycma.com)  
[www.driveabus.ca](http://www.driveabus.ca)  
[www.flightdiscovery.com](http://www.flightdiscovery.com)  
[www.heli-college.com](http://www.heli-college.com)  
[www.kamloopsairport.com](http://www.kamloopsairport.com)  
[www.gov.bc.ca/tran](http://www.gov.bc.ca/tran)  
[www.buscouncil.ca](http://www.buscouncil.ca)  
[www.drivemti.com](http://www.drivemti.com)  
[www.foxheavyequipmentoperator.com](http://www.foxheavyequipmentoperator.com)  
[www.transpocity.ca](http://www.transpocity.ca)  
[www.tc.gc.ca/programs/airports/caa.htm](http://www.tc.gc.ca/programs/airports/caa.htm)

## Business / Self-Employment

BC Bid  
Better Business Bureau of Mainland BC  
Business Development Bank of Canada  
Canada Business Services for Entrepreneurs  
Canada Business Interactive Business Planner  
Canadian Youth Business Foundation

[www.bcbid.gov.bc.ca](http://www.bcbid.gov.bc.ca)  
[www.bbbvan.org/index.php](http://www.bbbvan.org/index.php)  
[www.bdc.ca](http://www.bdc.ca)  
[www.cbosc.org](http://www.cbosc.org)  
[www.canadabusiness.ca/ibp](http://www.canadabusiness.ca/ibp)  
[www.cybf.ca](http://www.cybf.ca)

City of Kamloops  
Community Futures Corp. of Thompson Country  
Kamloops Central Business Improvement Assoc.  
Kamloops Chamber of Commerce  
Kamloops Home-Based Business Association  
Kamloops North Shore Business Improvement  
Small Business BC  
Thompson Nicola Regional District  
Valleyview & East Business Association  
Venture Kamloops

[www.kamloops.ca/index.shtml](http://www.kamloops.ca/index.shtml)  
[www.communityfutures.net](http://www.communityfutures.net)  
[www.kcbia.com](http://www.kcbia.com)  
[www.kamloopschamber.bc.ca](http://www.kamloopschamber.bc.ca)  
[www.khbba.com](http://www.khbba.com)  
[www.nsbia.com](http://www.nsbia.com)  
[www.smallbusinessbc.ca](http://www.smallbusinessbc.ca)  
[www.tnrd.bc.ca](http://www.tnrd.bc.ca)  
[www.kamloopseast.com](http://www.kamloopseast.com)  
[www.venturekamloops.com](http://www.venturekamloops.com)

## Career Exploration / Labour Market Information

BC Work Futures – BC Occupational Outlooks [www.workfutures.bc.ca](http://www.workfutures.bc.ca)  
BC Work Futures for Entry Level Jobs [www.startnow.workfutures.bc.ca](http://www.startnow.workfutures.bc.ca)  
BC Work Futures – WorkScene (Youth) [www.workinonet.bc.ca/workscene](http://www.workinonet.bc.ca/workscene)  
BC Workinonet [www.workinonet.bc.ca](http://www.workinonet.bc.ca)  
Canada Prospects [www.canadapropects.ca](http://www.canadapropects.ca)  
Career Builder [www.careerbuilder.com](http://www.careerbuilder.com)  
Career Cruising (Username: north Password: kamloops) [www.careercruising.com](http://www.careercruising.com)  
Career Directions [www.careerdirectionsonline.com/](http://www.careerdirectionsonline.com/)  
Career Paths On-Line [www.careerpathsonline.com](http://www.careerpathsonline.com)  
Career Planning for Students & Parents [www.bced.gov.bc.ca/careers/planning](http://www.bced.gov.bc.ca/careers/planning)  
Guide to BC Economy & Labour Market [www.guidetobceconomy.org](http://www.guidetobceconomy.org)  
HRSDC's Essential Skills <http://www.hrsdc.gc.ca/eng/workplaceskills/index.shtml>  
Job Futures [www.jobfutures.ca](http://www.jobfutures.ca)  
Making Sense of Labour Market Information [www.makingcareersense.org](http://www.makingcareersense.org)  
Mazemaster (Youth Employment & Training) [www.mazemaster.on.ca](http://www.mazemaster.on.ca)  
National Occupational Classification (NOC) [www5.hrsdc.gc.ca/NOC/](http://www5.hrsdc.gc.ca/NOC/)  
Next Steps (Career Development for Youth) [www.nextsteps.org](http://www.nextsteps.org)  
O-net (Occupational profiles) [www.onetcodeconnector.com](http://www.onetcodeconnector.com)  
Quintessential Career & Job Hunting Resource [www.quintcareers.com](http://www.quintcareers.com)  
Service Canada [www1.servicecanada.gc.ca/eng/home.shtml](http://www1.servicecanada.gc.ca/eng/home.shtml)  
Service Canada - Labour Market Information [www.labourmarketinformation.ca](http://www.labourmarketinformation.ca)  
Service Canada – Training, Career and Workers [www.jobsetc.ca](http://www.jobsetc.ca)  
Service Canada - Youth Site [www.youth.gc.ca](http://www.youth.gc.ca)  
Surfing for Work BC [www.surfingforwork.com](http://www.surfingforwork.com)  
TechWorks <http://techworks.asttbc.org/>  
What's Key? BC Labour Market Information [www.whatskey.org](http://www.whatskey.org)  
Work Destinations [www.workdestinations.org](http://www.workdestinations.org)  
Workinonet Youth Site [www.workinonet.bc.ca/youth](http://www.workinonet.bc.ca/youth)

## Company Research

411 Directory [www.411.ca](http://www.411.ca)  
Better Business Bureau of Mainland BC [www.bbbvan.org/index.php](http://www.bbbvan.org/index.php)  
Kamloops Chamber of Commerce [www.kamloopschamber.bc.ca](http://www.kamloopschamber.bc.ca)  
Superpages [www.superpages.ca](http://www.superpages.ca)

## Education / Training / Teaching

Apply to Education	<a href="http://www.applytoteach.ca">www.applytoteach.ca</a>
Association of Universities & Colleges of Canada	<a href="http://www.aucc.ca">www.aucc.ca</a>
BC Campus.ca	<a href="http://www.bccampus.ca">www.bccampus.ca</a>
BC Council on Admissions and Transfers	<a href="http://www.bccat.bc.ca">www.bccat.bc.ca</a>
BC Teachers' Federation	<a href="http://www.bctf.ca">www.bctf.ca</a>
BC School Districts	<a href="http://www.bced.gov.bc.ca/apps/imcl/imclWeb/DistrictOffice.do">www.bced.gov.bc.ca/apps/imcl/imclWeb/DistrictOffice.do</a>
Bowman	<a href="http://www.bowmanemployment.com/">www.bowmanemployment.com/</a>
Can Learn	<a href="http://www.canlearn.ca">www.canlearn.ca</a>
Canada Scholarships	<a href="http://www.scholarshipscanada.com">www.scholarshipscanada.com</a>
Canadian Bureau for International Education	<a href="http://www.cbie.ca">www.cbie.ca</a>
Education Canada	<a href="http://www.educationcanada.com">www.educationcanada.com</a>
Education Planner	<a href="http://www.educationplanner.bc.ca">www.educationplanner.bc.ca</a>
Global Tesol College Canada (Teaching Overseas)	<a href="http://www.globaltesol.com">www.globaltesol.com</a>
Kamloops Online Open Learning (virtual school)	<a href="http://virtualschool.sd73.bc.ca/">http://virtualschool.sd73.bc.ca/</a>
Ministry of Advanced Education & Labour Market	<a href="http://www.aved.gov.bc.ca">www.aved.gov.bc.ca</a>
Overseas Teaching Jobs	<a href="http://www.tieonline.com">www.tieonline.com</a>
Private Career Training Institutions Agency of BC	<a href="http://www.pctia.bc.ca">www.pctia.bc.ca</a>
Progressive Career Training (Kamloops)	<a href="http://www.pandact.com">www.pandact.com</a>
Protocol Education (Recruitment Services)	<a href="http://www.protocol-education.com">www.protocol-education.com</a>
School District #73 (Kamloops)	<a href="http://www.sd73.bc.ca">www.sd73.bc.ca</a>
Teach English Abroad	<a href="http://www.teachenglishabroad.ca">www.teachenglishabroad.ca</a>
Teach Educational Consultants (Teaching Overseas)	<a href="http://www.teach.on.ca">www.teach.on.ca</a>
Worldwide Learn (adult learners worldwide)	<a href="http://www.worldwidelearn.com">www.worldwidelearn.com</a>

## BC Colleges / Universities / Institutions

Academy of Learning	<a href="http://www.academyoflearning.com">www.academyoflearning.com</a>
British Columbia Institute of Technology	<a href="http://www.bcit.ca">www.bcit.ca</a>
Camosun College	<a href="http://www.camosun.bc.ca">www.camosun.bc.ca</a>
Capilano University	<a href="http://www.capilanou.ca/home.html">http://www.capilanou.ca/home.html</a>
College of New Caledonia	<a href="http://www.cnc.bc.ca">www.cnc.bc.ca</a>
College of the Rockies	<a href="http://www.cotr.bc.ca">www.cotr.bc.ca</a>
Douglas College	<a href="http://www.douglas.bc.ca">www.douglas.bc.ca</a>
Emily Carr Institute of Design	<a href="http://www.eciad.ca/www">www.eciad.ca/www</a>
Justice Institute of BC	<a href="http://www.jibc.bc.ca">www.jibc.bc.ca</a>
Kwantlen Polytechnic University	<a href="http://www.kwantlen.bc.ca">www.kwantlen.bc.ca</a>
Langara College	<a href="http://www.langara.bc.ca">www.langara.bc.ca</a>
Nicola Valley Institute of Technology	<a href="http://www.nvit.ca">www.nvit.ca</a>
North Island College	<a href="http://www.nic.bc.ca">www.nic.bc.ca</a>
Northern Lights College	<a href="http://www.nlc.bc.ca">www.nlc.bc.ca</a>
Northwest Community College	<a href="http://www.nwcc.bc.ca">www.nwcc.bc.ca</a>
Okanagan University College	<a href="http://www.okanagan.bc.ca/site15.aspx">www.okanagan.bc.ca/site15.aspx</a>
Royal Roads University	<a href="http://www.royalroads.ca">www.royalroads.ca</a>
Selkirk College	<a href="http://www.selkirk.ca">www.selkirk.ca</a>
Simon Fraser University	<a href="http://www.sfu.ca">www.sfu.ca</a>
Sprott-Shaw Community College	<a href="http://www.sprottshaw.com">www.sprottshaw.com</a>
Thompson Rivers University	<a href="http://www.tru.ca">www.tru.ca</a>
Trinity Western University	<a href="http://www.twu.ca">www.twu.ca</a>

University College of the Fraser Valley  
University of British Columbia  
University of Northern BC  
University of Victoria  
Vancouver Community College  
Vancouver Island University College

[www.ucfv.bc.ca](http://www.ucfv.bc.ca)  
[www.ubc.ca](http://www.ubc.ca)  
[www.unbc.ca](http://www.unbc.ca)  
[www.uvic.ca](http://www.uvic.ca)  
[www.vcc.bc.ca](http://www.vcc.bc.ca)  
[www.mala.ca/index.asp](http://www.mala.ca/index.asp)

## Fire Fighting / Rescue Services

### Structural Firefighting

College of the Rockies – Fire Services Training  
Emergency Services Academy Ltd.  
Fire Chiefs' Association of BC  
Firehall.com  
Justice Institute of BC – Fire & Safety Division  
Kamloops Fire & Rescue  
Lakeland College – Fire etc.  
Volunteer Firefighter's Association of BC

[www.cotr.bc.ca/Fire](http://www.cotr.bc.ca/Fire)  
[www.emergservices.com](http://www.emergservices.com)  
[www.fcabc.bc.ca](http://www.fcabc.bc.ca)  
[www.firehall.com](http://www.firehall.com)  
<http://www.jibc.ca/fire/>  
[www.kamloops.ca/firerescue/firehome.shtml](http://www.kamloops.ca/firerescue/firehome.shtml)  
[www.fire-etc.ca](http://www.fire-etc.ca)  
[www.volfireassocbc.org](http://www.volfireassocbc.org)

### Wildfire Fighting

Boulder Mountain Contracting  
Golden Fire Jumpers  
H.I.S. Group of Companies (Wildfire Fighting)  
High Country Forestry & Fire Services  
BC Forest & Range Protection Branch  
Kamloops Forest District  
Search & Rescue Society of BC

[www.mydy.com/bmc/resume.html](http://www.mydy.com/bmc/resume.html)  
[www.forestfirefighting.ca](http://www.forestfirefighting.ca)  
[www.hiswildfire.com](http://www.hiswildfire.com)  
[www.highcountry.ca](http://www.highcountry.ca)  
<http://bcwildfire.ca/>  
[www.for.gov.bc.ca/dka](http://www.for.gov.bc.ca/dka)  
[www.sarbc.org](http://www.sarbc.org)

## Forestry / Environment / Agriculture

Agriculture Careers  
Agricultural Labour Pool  
Asplundh Tree Experts  
BC Water and Waste Association  
Canadian Forests  
Canadian Aquaculture Industry Alliance  
Domtar Pulp Mill – Kamloops  
Environment Careers Organization  
Eco Canada - Environmental Jobs and Careers  
Ministry of Forests & Range – Career Information  
Parks Canada  
Tree Planter.com  
Western Producer (Agriculture & Farming)

[www.agcareers.com](http://www.agcareers.com)  
[www.agri-labourpool.com](http://www.agri-labourpool.com)  
[www.asplundh.com/aci.htm](http://www.asplundh.com/aci.htm)  
[www.bcwwa.org](http://www.bcwwa.org)  
[www.canadian-forests.com](http://www.canadian-forests.com)  
[www.aquaculture.ca](http://www.aquaculture.ca)  
[www.domtar.com/en/contacts/3593.asp](http://www.domtar.com/en/contacts/3593.asp)  
[www.cchrei.ca](http://www.cchrei.ca)  
[www.ecoemploy.com](http://www.ecoemploy.com)  
[www.for.gov.bc.ca/hrb/careers](http://www.for.gov.bc.ca/hrb/careers)  
[www.parkscanada.ca](http://www.parkscanada.ca)  
[www.tree-planter.com](http://www.tree-planter.com)  
[www.producer.com](http://www.producer.com)

## Government

BC Public Service Postings	<a href="http://employment.gov.bc.ca/index.php?rLoad=1">http://employment.gov.bc.ca/index.php?rLoad=1</a>
BC Ministry of Housing & Social Development	<a href="http://www.gov.bc.ca/hsd/">www.gov.bc.ca/hsd/</a>
BC Employment Standards Branch	<a href="http://www.labour.gov.bc.ca/esb">www.labour.gov.bc.ca/esb</a>
BC Human Rights Coalition	<a href="http://www.bchrcoalition.org">www.bchrcoalition.org</a>
Canada Post	<a href="http://www.canadapost.ca/personal/corporate">www.canadapost.ca/personal/corporate</a>
Canadian Armed Forces Recruiting	<a href="http://www.recruiting.forces.ca">www.recruiting.forces.ca</a>
City of Kamloops	<a href="http://www.kamloops.ca">www.kamloops.ca</a>
Civic Info BC	<a href="http://www.civicinfo.bc.ca">www.civicinfo.bc.ca</a>
Service Canada	<a href="http://www.servicecanada.gc.ca">www.servicecanada.gc.ca</a>
Work Safe BC	<a href="http://www.worksafebc.com">www.worksafebc.com</a>

## Health Care

BC Care Providers Association	<a href="http://www.bccare.ca/indexbig.html">www.bccare.ca/indexbig.html</a>
BC Health - Home and Community Care	<a href="http://www.healthservices.gov.bc.ca/hcc">www.healthservices.gov.bc.ca/hcc</a>
BC Ministry of Health Services	<a href="http://www.gov.bc.ca/healthservices">www.gov.bc.ca/healthservices</a>
BC Nurseline – Career Opportunities	<a href="http://www.bchealthguide.org/nurseline.stm">www.bchealthguide.org/nurseline.stm</a>
BC Public Service	<a href="http://www.employment.gov.bc.ca">www.employment.gov.bc.ca</a>
Berwick Retirement Communities	<a href="http://www.berwickrc.com">www.berwickrc.com</a>
Canadian Caregiver Listings	<a href="http://www.caregiverlistings.com">www.caregiverlistings.com</a>
Caregivers Association of BC	<a href="http://www.caregiverbc.ca">www.caregiverbc.ca</a>
Caretenders Inc.	<a href="http://www.caretendersinc.com">www.caretendersinc.com</a>
Health & Home Care Society of BC	<a href="http://www.carebc.ca">www.carebc.ca</a>
Health Employers Association of BC	<a href="http://www.heabc.bc.ca">www.heabc.bc.ca</a>
Health Match BC	<a href="http://www.healthmatchbc.org">www.healthmatchbc.org</a>
Interior Community Services	<a href="http://www.interiorcommunityservices.bc.ca">www.interiorcommunityservices.bc.ca</a>
Interior Health Authority	<a href="http://www.careers.roomtogrowbc.com">www.careers.roomtogrowbc.com</a>
InSite Senior Care	<a href="http://www.insiteseniorcare.com">www.insiteseniorcare.com</a>
Kamloops Society for Community Living	<a href="http://www.kscl.ca">www.kscl.ca</a>
SimpeQ Care	<a href="http://www.simpeq.ca/employment-opportunities.php">www.simpeq.ca/employment-opportunities.php</a>
We Care Home Health Services	<a href="http://www.wecare.ca">www.wecare.ca</a>

## Hospitality / Tourism / Retail

Aberdeen Mall Postings	<a href="http://www.aberdeenmall.ca">www.aberdeenmall.ca</a>
Adventure Kamloops	<a href="http://www.adventurekamloops.com">www.adventurekamloops.com</a>
All Culinary Schools	<a href="http://www.allculinaryschools.com">www.allculinaryschools.com</a>
BC & Yukon Hotel Association	<a href="http://www.bcyha.com">www.bcyha.com</a>
BC Chefs' Association	<a href="http://www.bcchefs.com">www.bcchefs.com</a>
BC Restaurant & Food Services Association	<a href="http://www.bcrfa.com">www.bcrfa.com</a>
BC Tourism Guide	<a href="http://www.bc-tourism.com">www.bc-tourism.com</a>
Canadian Restaurant & Foodservices Association	<a href="http://www.crfa.ca">www.crfa.ca</a>
Canadian Retail	<a href="http://www.canadianretail.com">www.canadianretail.com</a>
Canadian Tire	<a href="http://www.canadiantire.ca">www.canadiantire.ca</a>
Chef Jobs & Hospitality Employment	<a href="http://www.chefsemployment.com">www.chefsemployment.com</a>
Chef 2 Chef Culinary Portal	<a href="http://chef2chef.net/">http://chef2chef.net/</a>
Cook Shop and Cook School (Vancouver)	<a href="http://www.cookshop.ca/store">www.cookshop.ca/store</a>
Council of Tourism Association of BC	<a href="http://www.cotabc.com">www.cotabc.com</a>

Extreme Jobs	<a href="http://www.extremejobs.ca">www.extremejobs.ca</a>
Food Safe Certification	<a href="http://www.foodsafe.ca">www.foodsafe.ca</a>
Future Shop	<a href="http://www.futureshop.ca">www.futureshop.ca</a>
Golf Kamloops (listings of all courses in Kamloops)	<a href="http://www.golfkamloops.com">www.golfkamloops.com</a>
HBC (Home Outfitters, Zellers, The Bay)	<a href="http://www.hbc.com/hbc/careers/default.asp">www.hbc.com/hbc/careers/default.asp</a>
Home Depot	<a href="http://www.homedepot.com">www.homedepot.com</a>
Hospitality Careers	<a href="http://www.hcareers.ca">www.hcareers.ca</a>
Interprovincial Standards "Red Seal" Program	<a href="http://www.red-seal.ca">www.red-seal.ca</a>
Kamloops Wildlife Park	<a href="http://www.bczoo.org">www.bczoo.org</a>
Landings: Tourism Management Hiring Solutions	<a href="http://www.landings.ca">www.landings.ca</a>
London Drugs	<a href="http://www.londondrugs.com">www.londondrugs.com</a>
Northwest Culinary Academy of Vancouver	<a href="http://www.nwcav.com">www.nwcav.com</a>
Office Depot	<a href="http://www.officedepot.ca">www.officedepot.ca</a>
Pacific Institute of Culinary Arts	<a href="http://www.picachef.com">www.picachef.com</a>
Retail BC	<a href="http://www.retailbc.org">www.retailbc.org</a>
Resource for People in Tourism	<a href="http://www.go2hr.ca">www.go2hr.ca</a>
Serving It Right Certificate	<a href="http://www.servingitright.com">www.servingitright.com</a>
Sears Canada	<a href="http://www.sears.ca">www.sears.ca</a>
Staples	<a href="http://www.greatcareersatstaples.ca/default1.asp">www.greatcareersatstaples.ca/default1.asp</a>
Sun Peaks Resort	<a href="http://www.sunpeaksresort.com">www.sunpeaksresort.com</a>
SuperHost Certificate	<a href="http://www.tourismbc.com/programs_workshops.asp?id=1363">www.tourismbc.com/programs_workshops.asp?id=1363</a>
Thompson Okanagan Tourism	<a href="http://www.thompsonokanagan.com">www.thompsonokanagan.com</a>
Thompson Rivers University – Culinary Arts Depart.	<a href="http://www.tru.ca/tourism/culinary.html">www.tru.ca/tourism/culinary.html</a>
Tourism BC	<a href="http://www.tourism.bc.ca">www.tourism.bc.ca</a>
Tourism Work Web	<a href="http://www.tourismworkweb.com">www.tourismworkweb.com</a>
Vancouver 2010 Olympics	<a href="http://www.vancouver2010.com">www.vancouver2010.com</a>
Villa Delia Tuscany Cooking School	<a href="http://www.umberto.com">www.umberto.com</a>

## Information Technology / Hi-Tech

BC Lottery Corporation	<a href="http://www.bclottery.com">www.bclottery.com</a>
BC Technology Industries Association	<a href="http://www.bctia.org">www.bctia.org</a>
Burntsand	<a href="http://www.burntsand.com">www.burntsand.com</a>
Canada Computer Jobs	<a href="http://http://canada.computerwork.com">http://canada.computerwork.com</a>
Canada IT	<a href="http://www.canadait.com/cfm/index.cfm">www.canadait.com/cfm/index.cfm</a>
Canadian Technical Employment Network (CTEN)	<a href="http://www.cten.ca">www.cten.ca</a>
Canadian Technology Human Resources Board	<a href="http://www.cthrb.ca">www.cthrb.ca</a>
Corporate Recruiters (Technology)	<a href="http://www.corporate.bc.ca">www.corporate.bc.ca</a>
High Tech Jobs @ Position Watch	<a href="http://www.positionwatch.com">www.positionwatch.com</a>
IBM Canada	<a href="http://www.ibm.com/ca">www.ibm.com/ca</a>
ICompass Technology	<a href="http://www.icompasstech.com/siteengine/activepage.asp?PageID=1">www.icompasstech.com/siteengine/activepage.asp?PageID=1</a>
Information & Communications Technology Council	<a href="http://www.ictc-ctic.ca">www.ictc-ctic.ca</a>
Inteqna Recruiters	<a href="http://www.inteqna.com">www.inteqna.com</a>
IT Job Universe	<a href="http://www.itjobuniverse.ca">www.itjobuniverse.ca</a>
IT Jobs	<a href="http://www.itjob.ca">www.itjob.ca</a>
Microsoft Canada	<a href="http://www.microsoft.com/canada/default.aspx">www.microsoft.com/canada/default.aspx</a>
Okanagan Science & Technology Council	<a href="http://www.okanaganhightechjobs.com">www.okanaganhightechjobs.com</a>
T-Net British Columbia	<a href="http://www.bctechnology.com">www.bctechnology.com</a>
TRU – Advanced Technologies & Mathematics	<a href="http://www.tru.ca/advtech.html">www.tru.ca/advtech.html</a>

## International Work

Live-In Jobs for Backpackers in UK	<a href="http://www.livein-jobs.co.uk">www.livein-jobs.co.uk</a>
Monster International	<a href="http://www.monster.com">www.monster.com</a>
Overseas Jobs	<a href="http://www.overseasjobs.com">www.overseasjobs.com</a>
Oversees Job Centre	<a href="http://www.overseasjobcentre.co.uk">www.overseasjobcentre.co.uk</a>
Picking Jobs	<a href="http://www.pickingjobs.com">www.pickingjobs.com</a>
Swap	<a href="http://www.swap.ca">www.swap.ca</a>
Work4Travel	<a href="http://www.work4travel.co.uk/index.htm">www.work4travel.co.uk/index.htm</a>
Working Abroad Resources for Canadians	<a href="http://www.voyage.gc.ca">www.voyage.gc.ca</a>

## Job Boards (Canada)

All Star Jobs	<a href="http://www.allstarjobs.ca">www.allstarjobs.ca</a>
BC Jobs	<a href="http://www.bcjobs.ca">www.bcjobs.ca</a>
Canada Indeed	<a href="http://canada.indeed.com">http://canada.indeed.com</a>
Career Ad	<a href="http://www.careerad.com">www.careerad.com</a>
Charity Village	<a href="http://www.charityvillage.com">www.charityvillage.com</a>
Find-A-Job Canada	<a href="http://www.find-a-job-canada.com">www.find-a-job-canada.com</a>
Job Boom	<a href="http://www.jobboom.com">www.jobboom.com</a>
Job Search On-line (Northern BC)	<a href="http://www.jobsearchonline.bc.ca/index.htm">www.jobsearchonline.bc.ca/index.htm</a>
Job Shark	<a href="http://www.jobshark.ca/caeng/index.cfm">www.jobshark.ca/caeng/index.cfm</a>
Jobs North	<a href="http://www.jobsnorth.ca">www.jobsnorth.ca</a>
Monster	<a href="http://www.monster.ca">www.monster.ca</a>
Service Canada Job Bank	<a href="http://www.jobbank.gc.ca">www.jobbank.gc.ca</a>
Thompson Okanagan Job Shop	<a href="http://www.thompsonokanaganjobshop.ca">www.thompsonokanaganjobshop.ca</a>
Working Canada	<a href="http://www.workingcanada.com">www.workingcanada.com</a>
Workopolis	<a href="http://www.workopolis.com">www.workopolis.com</a>
WOW Jobs	<a href="http://www.wowjobs.ca/">www.wowjobs.ca/</a>

## Kamloops & Area Service Providers

Access Kamloops	<a href="http://www.accesskamloops.org">www.accesskamloops.org</a>
Barriere Employment Services	<a href="http://www.barriere-employment.ca">www.barriere-employment.ca</a>
Chase Employment Centre	<a href="http://www.chaseemployment.ca">www.chaseemployment.ca</a>
CFDC of Thompson Country	<a href="http://www.communityfutures.net">www.communityfutures.net</a>
CFDC of Central Interior First Nations	<a href="http://www.cfdcfcifn.com">www.cfdcfcifn.com</a>
GT Hiring Solution	<a href="http://www.gthiringsolutions.ca/">www.gthiringsolutions.ca/</a>
Hire Power – Wage Subsidy Program	<a href="http://www.kamhirepower.com">www.kamhirepower.com</a>
Kamloops Elizabeth Fry Society	<a href="http://www.efrysoc.com">www.efrysoc.com</a>
Kamloops Immigrant Services	<a href="http://www.immigrantservices.ca">www.immigrantservices.ca</a>
Shuswap Training & Employment Program	<a href="http://www.step.shuswapnation.org">www.step.shuswapnation.org</a>
THEO BC (Kamloops)	<a href="http://www.theobc.org">www.theobc.org</a>
Thompson Training Access Centre (Bowman)	<a href="http://www.bowmanemployment.com/index.htm">www.bowmanemployment.com/index.htm</a>
Vision 21 Consulting – Pathways Program	<a href="http://www.pathwaysprogram.ca">www.pathwaysprogram.ca</a>
Volunteer Kamloops	<a href="http://www.volunteerkamloops.org">www.volunteerkamloops.org</a>

## Law Enforcement / Corrections

BC Corrections Branch	<a href="http://www.pssg.gov.bc.ca/corrections/index.htm">www.pssg.gov.bc.ca/corrections/index.htm</a>
Canada Border Services Agency	<a href="http://www.cbsa-asfc.gc.ca">www.cbsa-asfc.gc.ca</a>
Correctional Service Canada	<a href="http://www.csc-scc.gc.ca">www.csc-scc.gc.ca</a>
Justice Institute of BC (Corrections & Justice Div)	<a href="http://www.jibc.bc.ca/ccjd/index.htm">www.jibc.bc.ca/ccjd/index.htm</a>
RCMP	<a href="http://www.rcmp.ca">www.rcmp.ca</a>

## Mature Workers

50 Plus	<a href="http://www.50plus.com">www.50plus.com</a>
Diversity Working	<a href="http://www.diversityworking.com">www.diversityworking.com</a>
Retirement Jobs	<a href="http://www.retirementjobs.com">www.retirementjobs.com</a>
Simply Hired (50+ Job Seekers)	<a href="http://www.simplyhired.com/fiftyplus">www.simplyhired.com/fiftyplus</a>

## Mining / Energy

BC Hydro	<a href="http://www.bchydro.com">www.bchydro.com</a>
Canada Oil, Gas and Mining Directory	<a href="http://www.cameco.com">www.cameco.com</a>
Canadian Mining Journal	<a href="http://www.canadianminingjournal.com">www.canadianminingjournal.com</a>
Canadian Wind Energy Association	<a href="http://www.canwea.ca">www.canwea.ca</a>
Diavik Diamond Drilling	<a href="http://www.diavik.ca">www.diavik.ca</a>
Ekati Diamond Mine	
<a href="http://www.bhpbilliton.com/bb/ourBusinesses/diamondsSpecialtyProducts/ekatiDiamondMine.jsp">www.bhpbilliton.com/bb/ourBusinesses/diamondsSpecialtyProducts/ekatiDiamondMine.jsp</a>	
EnCana - Alberta Energy Company	<a href="http://www.encana.com">www.encana.com</a>
Energy Services BC	<a href="http://www.energyservicesbc.org">www.energyservicesbc.org</a>
Ensign Energy Services Inc.	<a href="http://www.ensignenergy.com">www.ensignenergy.com</a>
Husky Energy	<a href="http://www.huskyenergy.ca">www.huskyenergy.ca</a>
Infomine	<a href="http://www.infomine.com">www.infomine.com</a>
Mining Industry Human Resources Council	<a href="http://www.mitac.ca">www.mitac.ca</a>
Northern Miner Jobs	<a href="http://www.northernminerjobs.com">www.northernminerjobs.com</a>
Suncor Energy	<a href="http://www.suncor.com/start.aspx">www.suncor.com/start.aspx</a>
Syncrude Energy	<a href="http://www.syncrude.com">www.syncrude.com</a>
Talisman Energy	<a href="http://www.talisman-energy.com">www.talisman-energy.com</a>
Teck Cominco (Highland Valley Copper)	<a href="http://www.teckcominco.com">www.teckcominco.com</a>

## Newspapers (BC)

Barriere Star Journal	<a href="http://www.starjournal.net">www.starjournal.net</a>
BC Classifieds	<a href="http://www.bcclassified.com/search">www.bcclassified.com/search</a>
BC Newspaper Listings	<a href="http://www.kamloopslife.com/newspaper/index.html">www.kamloopslife.com/newspaper/index.html</a>
Kamloops Daily News	<a href="http://www.kamloopsnews.ca">www.kamloopsnews.ca</a>
Kamloops This Week	<a href="http://www.kamloopsthisweek.com">www.kamloopsthisweek.com</a>
Kelowna Capital News	<a href="http://www.kelownacapnews.com">www.kelownacapnews.com</a>
Merritt Herald	<a href="http://www.merrittherald.com">www.merrittherald.com</a>
Penticton Western News	<a href="http://www.pentictonwesternnews.com">www.pentictonwesternnews.com</a>
Prince George Citizen	<a href="http://www.princegeorgecitizen.com">www.princegeorgecitizen.com</a>
Revelstoke Times Review	<a href="http://www.revelstoketimesreview.com">www.revelstoketimesreview.com</a>
Salmon Arm Observer	<a href="http://www.saobserver.net">www.saobserver.net</a>
North Thompson Times (Clearwater)	<a href="http://www.clearwatertimes.com">www.clearwatertimes.com</a>
The Province	<a href="http://www.canada.com/theprovince/index.html">www.canada.com/theprovince/index.html</a>

Vancouver Sun  
Vernon Morning Star  
Williams Lake Tribune

[www.canada.com/vancouver/index.html](http://www.canada.com/vancouver/index.html)  
[www.vernonmorningstar.com](http://www.vernonmorningstar.com)  
[www.wltribune.com](http://www.wltribune.com)

## Oil / Gas

Albian Sands  
Anadarko Petroleum Corporation  
Canadian Association of Oil Well Driving Contractors  
Canadian Oil Field Service & Supply Directory  
Careers in Oil and Gas  
Enform (Petroleum Industry Training & Safety)  
ESSO - Imperial Oil  
Irving Oil  
Japan Canada Oil Sands Ltd. (JACOS)  
Nexen  
Petro-Canada  
Precision Drilling  
PTI Group (Catering Services)  
Shell Canada Ltd.  
TransAlta

[www.albiansands.ca](http://www.albiansands.ca)  
[www.anadarko.com](http://www.anadarko.com)  
[www.caodc.ca](http://www.caodc.ca)  
[www.cossd.com](http://www.cossd.com)  
[www.careersinoilandgas.com](http://www.careersinoilandgas.com)  
[www.enform.ca/home](http://www.enform.ca/home)  
[www.imperialoil.ca](http://www.imperialoil.ca)  
[www.irvingoil.com](http://www.irvingoil.com)  
[www.jacos.com](http://www.jacos.com)  
[www.nexeninc.com](http://www.nexeninc.com)  
[www.petro-canada.ca](http://www.petro-canada.ca)  
[www.precisiondrilling.com](http://www.precisiondrilling.com)  
[www.ptigroup.com/index.php?rand1=1220032120](http://www.ptigroup.com/index.php?rand1=1220032120)  
[www.shell.ca/home/ca-en/html/iwgen/main.html](http://www.shell.ca/home/ca-en/html/iwgen/main.html)  
[www.transalta.com](http://www.transalta.com)

## Placement / Recruitment Agencies

Adecco Placement Services  
Angus One Temp Line (Vancouver-Based)  
Excel Personnel  
Kelly Services  
Labour Ready  
Paquette Personnel (Vancouver)

[www.adecco.ca](http://www.adecco.ca)  
[www.angusone.com](http://www.angusone.com)  
[www.excel.bc.ca](http://www.excel.bc.ca)  
[www.kellyservices.ca](http://www.kellyservices.ca)  
[www.labourready.com](http://www.labourready.com)  
[www.paquettepersonnel.com](http://www.paquettepersonnel.com)

## Self-Assessment / Personality Type Testing

Towes: Test of Workplace Essential Skills  
Keirseey Temperament  
Myers Briggs & MBTI Resources  
Personality Types  
Queendom – Testing Centre  
Socionics  
The Career Key Assessment  
TypeFocus Careers

[www.towes.com](http://www.towes.com)  
[www.keirseey.com](http://www.keirseey.com)  
[www.personalitypathways.com](http://www.personalitypathways.com)  
[www.personalitytype.com](http://www.personalitytype.com)  
[www.queendom.com](http://www.queendom.com)  
[www.socionics.com](http://www.socionics.com)  
[www.careerkey.org](http://www.careerkey.org)  
[www.careers.typefocus.com](http://www.careers.typefocus.com)

## Social Services / Counselling

ASK Wellness Centre (Kamloops)  
Axis Family Resources (Kamloops)  
BC Association for Community Living  
BC Association of Social Workers  
BC Government & Service Employees' Union  
BC Ministry of Children & Family Development  
BC Ministry of Housing & Social Development

[www.askwellness.ca/](http://www.askwellness.ca/)  
[www.axisfamilyresources.ca](http://www.axisfamilyresources.ca)  
[www.bcacl.org](http://www.bcacl.org)  
[www.bcasw.org](http://www.bcasw.org)  
[www.bcgeu.ca](http://www.bcgeu.ca)  
[www.gov.bc.ca/mcf](http://www.gov.bc.ca/mcf)  
[www.gov.bc.ca/hsd](http://www.gov.bc.ca/hsd)

Big Brothers & Sisters Club of Kamloops  
Board of Registration for Social Workers in BC  
Canadian Mental Health Employment Services  
Charity Village (Non-Profit Organizations)  
Community Living BC  
Interior Community Services (Kamloops)  
Interior Health  
Kamloops Society for Community Living  
People in Motion  
Salvation Army  
Social Workers in Health Society of BC  
Social Workers on-line  
THEO BC  
TRU – Social Work & Human Service  
UBC Okanagan – School of Social Work  
YWCA-YMCA of Kamloops

[www.bgckamloops.com](http://www.bgckamloops.com)  
[www.brsw.bc.ca](http://www.brsw.bc.ca)  
[www.cmha.bc.ca/services/employment](http://www.cmha.bc.ca/services/employment)  
[www.charityvillage.com](http://www.charityvillage.com)  
[www.communitylivingbc.ca](http://www.communitylivingbc.ca)  
[www.interiorcommunityservices.bc.ca](http://www.interiorcommunityservices.bc.ca)  
[www.interiorhealth.ca](http://www.interiorhealth.ca)  
[www.kscl.ca/siteengine/activepage.asp?bhcp=1](http://www.kscl.ca/siteengine/activepage.asp?bhcp=1)  
[www.peopleinmotion.org](http://www.peopleinmotion.org)  
[www.salvationarmy.ca](http://www.salvationarmy.ca)  
[www.socialworkersinhealthbc.org](http://www.socialworkersinhealthbc.org)  
[www.socialworker.com/home/index.php](http://www.socialworker.com/home/index.php)  
[www.theobc.org](http://www.theobc.org)  
[www.tru.ca/socialwork](http://www.tru.ca/socialwork)  
<http://web.ubc.ca/okanagan/socialwork/welcome.html>  
[www.kamloopsy.org/default.htm](http://www.kamloopsy.org/default.htm)

## Trades / Construction / Manufacturing

Apprenticeship Development Toolkit  
Association of Plumbing & Pipefitting Industry  
BC Construction Association (On-line Directory)  
BC Electrical Association  
BC Manufacturer's Directory  
Building and Construction Trades Department  
Canadian Council of Professional Engineers  
Canadian Home Builders' Association  
Construction Canada  
Construction Sector Council  
Electrical Industry Training Institute  
Engineering Central Canada  
Forum for International Trades Training  
Generation E – A New Brand of Engineering  
Interprovincial Standards Red Seal Program  
Industry Training Authority of BC  
Labour Unlimited – Temp Services  
Made with the Trades (Careers in Construction)  
Northern Trailer  
Opportunity Knocks (Hot Careers in Trades)  
Pollard Banknote  
Professional Engineers & Geoscientists of BC  
Roevin Engineering Recruitment  
Skilled Trades  
Skills Canada  
Urban Systems  
VRCA Construction Job Centre  
Welcome to T.R.A.D.E.S.  
Work Futures for Trades & Technical Occupations

[www.tradesbc.org/toolkit/default.htm](http://www.tradesbc.org/toolkit/default.htm)  
[www.ua516.org](http://www.ua516.org)  
[www.bccassn.com](http://www.bccassn.com)  
[www.bcea.bc.ca](http://www.bcea.bc.ca)  
[www.made-in-bc.ca](http://www.made-in-bc.ca)  
[www.buildingtrades.ca](http://www.buildingtrades.ca)  
[www.ccpe.ca](http://www.ccpe.ca)  
[www.chba.ca](http://www.chba.ca)  
[www.constructioncanada.com](http://www.constructioncanada.com)  
[www.csc-ca.org](http://www.csc-ca.org)  
[www.eiti.bc.ca](http://www.eiti.bc.ca)  
[www.engcen.ca](http://www.engcen.ca)  
[www.fitt.ca](http://www.fitt.ca)  
[www.generation-e.ca/index\\_t\\_eng.html](http://www.generation-e.ca/index_t_eng.html)  
[www.red-seal.ca/](http://www.red-seal.ca/)  
[www.itabc.ca](http://www.itabc.ca)  
[www.labourunlimited.com](http://www.labourunlimited.com)  
[www.madewiththetrades.com](http://www.madewiththetrades.com)  
[www.northerntrailer.com](http://www.northerntrailer.com)  
[www.resources.skilledtrades.ca](http://www.resources.skilledtrades.ca)  
[www.pollardbanknote.com](http://www.pollardbanknote.com)  
[www.apeg.bc.ca](http://www.apeg.bc.ca)  
[www.roevin.ca](http://www.roevin.ca)  
[www.apprenticetrades.ca](http://www.apprenticetrades.ca)  
[www.skillscanada.com](http://www.skillscanada.com)  
[www.urbansystems.ca](http://www.urbansystems.ca)  
[www.construction-jobs.ca](http://www.construction-jobs.ca)  
[www.tradesbc.org](http://www.tradesbc.org)  
[www.handson.workfutures.bc.ca](http://www.handson.workfutures.bc.ca)

## Web Resources

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### Free E-mail Providers

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Google Mail	<a href="http://mail.google.com/">http://mail.google.com/</a>
Windows Live Hotmail	<a href="http://www.hotmail.com">www.hotmail.com</a>
Yahoo Canada	<a href="http://www.yahoo.ca">www.yahoo.ca</a>

### Search Engines

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About	<a href="http://www.about.com">www.about.com</a>
AOL Canada	<a href="http://canada.aol.com/home/index.adp">http://canada.aol.com/home/index.adp</a>
Ask	<a href="http://www.ask.com">www.ask.com</a>
Dogpile	<a href="http://www.dogpile.com">www.dogpile.com</a>
Go.com	<a href="http://www.go.com">www.go.com</a>
Google Canada	<a href="http://www.google.ca">www.google.ca</a>
Lycos	<a href="http://www.lycos.com/">www.lycos.com/</a>
MSN	<a href="http://www.msn.com">www.msn.com</a>
Yahoo Canada	<a href="http://www.ca.yahoo.com">www.ca.yahoo.com</a>

### Writing a Cover Letter and Resume

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CareerLab Cover Letters	<a href="http://www.careerlab.com/letters/link002.htm">http://www.careerlab.com/letters/link002.htm</a>
Monster.ca Cover Letters	<a href="http://resume.monster.ca/coverletter/">http://resume.monster.ca/coverletter/</a>
Monster.ca Resumes	<a href="http://resume.monster.ca">http://resume.monster.ca</a>
Yahoo Canada HotJobs Resumes	<a href="http://ca.hotjobs.yahoo.com/resume">http://ca.hotjobs.yahoo.com/resume</a>